



Diabetes Yarning

You are invited to come along and yarn about diabetes.

The Diabetes Yarning workshop is a community based program designed for Aboriginal and Torres Strait Islander community groups. In the workshop you are introduced to Feltman, a diabetes education tool developed by the Victorian Aboriginal Community Controlled Health organisation (VACCHO) and Diabetes Victoria. Feltman is a life-sized felt mat that shows how the body is affected by diabetes.

The two-hour interactive workshop, delivered face to face or via Zoom, opens up the conversation about health before time, colonisation, how the body works, what happens in the body with diabetes and diabetes management strategies. The workshop aims to support you to understand diabetes so that you may take preventative action for yourself and support those in your family and community who may be living with diabetes.

Feltman® and Feltmum® are registered trademarks of the Victorian Aboriginal Community Controlled Health Organisation and Diabetes Victoria.

- Date:** Wednesday 17 February 2021
- Time:** 9:00am until 12:00pm
- Included:** Morning tea and lunch
- Cost:** FREE
(fully subsidised by the NDSS)
- Location:** Manoora Community Centre
29 Marchant St, MANOORA

Scan here to register now:



**Bookings are essential. Register at diabetesqld.org.au/events
or call the NDSS Helpline on 1800 637 700**



Diabetes Queensland acknowledges Aboriginal and Torres Strait Islander Peoples of Australia and we pay our respects to their Elders both past, present and future.