



# Focussed Psychological Strategies

## – Level 2

### Mental Health Training for GPs

Focussed psychological strategies are specific mental healthcare management strategies, derived from evidence based psychological therapies that have been shown to integrate the best research evidence of clinical effectiveness with general practice clinical expertise.

Facilitated by a GP (Dr Danielle James) and a Clinical Psychologist (May Chi) the workshops are primarily activity based and feature demonstration of techniques, videos, supervised practice of skills, a consumer and carer panel discussion and case-based discussions.

This training has been designed in alignment with RACP guidelines to ensure that GPs meet all the learning outcomes to achieve FPS Level Two accreditation. Content has been reviewed by people with lived mental health experience. This training is suitable for GPs that already have experience in the Mental Health setting.



Completion of the training package will allow GPs to claim MBS item numbers 2721, 2723, 2725 and 2727 for provision of FPS

### Dates: (zoom workshops)

- **Session 1 – Tuesday 19 October 2021**
- **Session 2 – Tuesday 26 October 2021**
- **Session 3 – Tuesday 2 November 2021**
- **Session 4 – Tuesday 9 November 2021**

**Time: 5.30 pm to 8.30 pm (AEST) or 6.30 pm to 9.30 pm (AEDT)**

**The online learning component will be available upon completion of registration.**

Please note you must complete the online modules and attend all four sessions to complete the training.



#### Duration:

Twenty hours



#### Style:

Eight-hour online learning component followed by four three-hour eLearning Zoom workshops



#### Prerequisites:

Current Medicare Provider number/s  
Successfully completed Level 1 MHST

**Cost: \$770 plus GST**

Eligible GPs can be reimbursed \$600 once they complete the requirements for FPS ST and register as GP providers of FPS with Services Australia (Medicare). This subsidy has been made available through the [General Practice Mental Health Standards Collaboration \(GPMHSC\)](#).

**Larter.**

Larter and CheckUP Australia are pleased to facilitate an interactive mental health training package for General Practitioners.



**CHECKUP**

Collectively Larter and CheckUP have been delivering education to GPs for over ten years.



**Register Now**

[Click here to register](#)



For further information or assistance call 1800 527 837 or email [hollie@larter.com.au](mailto:hollie@larter.com.au)

© 2021 Larter Consulting Pty Ltd. All rights reserved.