

Challenging Behaviours Workshop



Details

Date: Wednesday 19th October 2022
Time: 4pm - 7pm
Venue: Ocean International Hotel, Mackay

Workshop Overview

This practical workshop helps you to understand “challenging behaviours” better as it uncovers the many facets that can contribute to these behaviours. It explores factors including attachment, sensory processing, executive function and relating styles. You will have the chance to analyse a child’s behaviour in this framework and will be guided towards an intervention strategy.

It covers the range of behavioural challenges including the disengaged child as well as the explosive child. Strategies are explored to both prevent the outbursts as well as to manage them in the moment.

More detailed breakdown of the workshop on page 2.

Tickets

Price: \$80 per person
Email: nataliej@kidsmatters.com.au to reserve your tickets

Website: www.kidsmatters.com.au

“Hi, I'm Vivienne Williams, Principal and Founder of Kids Matters OT. I have worked for over 20 years with children who have sensory processing challenges, anxiety, behaviour challenges and developmental delays. I look forward to meeting you and sharing knowledge and ideas together.”



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Understanding Behaviour

The Iceberg - Common factors contributing to behaviour challenges

The ABC - Exploring the environment, what happened before

Behaviour - What was the actual behaviour (no interpretation)

Consequences - What happened next? What did adult/s do? What did child do? What was the next sequence of events?

Understanding behaviour - Link with sensory processing challenges and behavior

- Sensory defensiveness
- Inefficient proprioceptive and vestibular processing

Understanding behaviour - Regulation

- Low, Just Right, High
- Blue, Green, Yellow and Red zones (and Purple zone)
- Fright, Fight, Flight response

Commonly Linked conditions: Trauma, ADHD, Autism, PDA, Oppositional defiance, Attachment issues

Complex behaviour – mapping where it is coming from with common causes

Workshop

Analysing behaviour of children – Aspect analysis and share with the group

Managing Behaviour

Managing Explosive peaks – Going from 1 – 100 in a second

- Why this happens (Sensory, Executive function)
- Preventing this from occurring
- Managing in the moment – safe place and space, talking down, supporting safety
- Building skills in the child – problem-solving
- Building skills in the team

Supporting engagement for the disengaged child

Building safety - Attachment and relating

- Circles of Security
- Application to the home
- Application to the kindy

Collaborative problem solving

Workshop

Design an intervention and share with the group.

Questions