

FNQ Heart Failure workshop

For healthcare professionals

Join the Cairns and Hinterland Heart Failure Service and Northern Queensland Primary Health Network (NQPHN) for a free, full day workshop of learning and discussion.

Topics:

- Latest treatment updates in the management of heart failure.
- Titration of heart failure medications.
- Multidisciplinary health care services available for heart failure.
- Cardiac implantable electronic devices in heart failure.

Presenters:

- Electrophysiologist and Heart Failure Lead Dr Kevin Ng MBChB, MRCP (UK), FRACP, FHRS
- Cardiologist Dr Steven Sutcliffe MBChB, FRCP, FRACP
- Cairns Hospital Multidisciplinary Heart Failure Team

Learning outcomes:

- Identify recent evidence-based changes to international consensus guidelines.
- Determine the appropriate management of Heart Failure symptoms and disease modification.
- Integrate lifestyle and psychosocial factors in a multidisciplinary approach.
- Identify cardiac conditioning and its importance in quality-of-life improvement.

Registrations for this event will close COB, Friday 3 May 2024.

Date

Saturday 18 May 2024

Time

Registration: 8.15am
Program: 8.30am–4pm

Where

Nature's Powerhouse
Walker Street, Cooktown

Register online

forms.office.com/r/fdA7etFt80



For more information, contact:

Kayla Vella

p: 0488 223 301

e: kayla.vella@nqphn.com.au



www.nqphn.com.au/events

Agenda

Far North Queensland Heart Failure Workshop Cairns Hospital Heart Failure Service

» Saturday 18 May 2024 - Nature's Powerhouse, Walker St, Cooktown.

Time	Session	Presenter/facilitator
8.15am	Arrival and registrations	
8.30am	Greeting and Welcome to Country	
8.50am	Heart Failure in 2024	Dr Kevin Ng (Cardiologist)
9.20am	Heart failure with preserved systolic function in 2024	Dr Steven Sutcliffe (Cardiologist)
9.50am	Pharmacotherapy for Heart Failure	Naomi Szczepanski (HF Pharmacist)
10.10am	Heart Failure Medication Titration	Angie Sutcliffe (HF Nurse Practitioner)
10.30am	Morning Tea	
10.50am	Cardiac Conditioning and Exercise	Rachel Bowe (HF Physiotherapist)
11.10am	Nutrition and Heart Failure	Shontal Parker (Dietician)
11.30am	Heart Failure fluid and lifestyle strategies	Natalie Spence (HF Clinical Nurse)
11.50am	Cardiac Implantable Devices in Heart Failure	Carianne Smith (Pacemaker Clinical Nurse)
12.10pm	End of Life Issues in Heart Failure	Dr Steven Sutcliffe (Cardiologist)
12.30pm	Lunch	
1.15-2pm	Breakout Session One: <ul style="list-style-type: none">» Heart Failure Case Studies» Medication Up-titration: tips and tricks» Non-pharmacological management of Heart Failure	Dr Kevin NG and Dr Steven Sutcliffe Naomi Szczepanski and Angie Sutcliffe Natalie Spence, Rachel Bowe, Carianne Smith, and Shontal Parker
2-2.45pm	Breakout Session Two: <ul style="list-style-type: none">» Heart Failure Case Studies» Medication Up-titration: tips and tricks» Non-pharmacological management of Heart Failure	Dr Kevin NG and Dr Steven Sutcliffe Naomi Szczepanski and Angie Sutcliffe Natalie Spence, Rachel Bowe, Carianne Smith, and Shontal Parker



2.45pm	Afternoon Tea	
3-3.45pm	Breakout Session Three: <ul style="list-style-type: none">» Heart Failure Case Studies» Medication Up-titration: tips and tricks» Non-pharmacological management of Heart Failure	Dr Kevin NG and Dr Steven Sutcliffe Naomi Szczepanski and Angie Sutcliffe Natalie Spence, Rachel Bowe, Carianne Smith, and Shontal Parker
3.45pm	Evaluation and Closing remarks	
4pm	End of Workshop	