

# Initial Assessment and Referral Decision Support Tool for mental healthcare

Training education session and dinner

Northern Queensland Primary Health Network (NQPHN) invite GPs and GP Registrars to attend a face-to-face Initial Assessment and Referral Decision Support Tool (IAR-DST) training session.

## What is the IAR-DST?

The IAR-DST helps clinical and mental health service providers to assist individuals seeking mental health support in primary care. It uses a standardised evidence-informed approach to evaluation needs, connecting consumers with the appropriate local care.

## The IAR-DST can assist users to:

- Explore essential information during a mental health assessment and review critical and holistic information that is essential for decision making.
- Estimate or confirm the mental health treatment needs of the patient or consumer.
- Communicate treatment needs with others in the sector, reducing the frustration that might occur when referring to mental health services.

## Eligible GPs and GP Registrars who attend this training session will receive:

- \$300 incentive payment\*
- CPD points (30 minutes Reviewing Performance and 1.5 Educational Activities through RACGP; 2 hours CPD for ACRRM).

Pre-requisite: 30-minute online theory module (enrolled upon registration for this session). Learn more about IAR-DST by visiting [nqphn.com.au/iar-dst](https://nqphn.com.au/iar-dst).

Places for this session are limited, and registrations will close **12pm, Wednesday 14 May 2025**. Register now via the link below. A two-course meal will be provided.

Please note: All participants must bring their own device (iPad, tablet, or laptop).

## Date

Wednesday 21 May 2025

## Time

Registration: 6.15pm  
Program: 6.30pm–9pm

## Where

Jam Restaurant,  
Luxe Private Dining Room,  
1 Palmer Street, Townsville

## Register online

<https://forms.office.com/r/pUJ2Bdgz68>

