



# Indigenous Health Worker Spirometry Training and Mentoring

The Indigenous Health Worker Spirometry Training and Mentoring program provides the only culturally responsive training for health workers caring for Indigenous clients in Australia.

Spirometry is a simple lung function test and is important to diagnose and manage lung sickness, such as asthma and chronic obstructive lung disease (COPD). The test provides rapid access to results which means clients can have an immediate update on their lung health. Both children and adults can be tested in the clinic. Your workplace must have a working spirometer or be about to purchase one.

## What do we offer?



Day course



Experienced trainers



Post training mentoring  
and certificate

The **two-day practical training course** covers everything you need to know about performing spirometry, including how to use your spirometer, how to get the best spirometry results from a client, how to interpret results and infection control and maintenance techniques.

The course is delivered by at least **two experienced respiratory scientists** either in person or via a hybrid model, with **post-training mentoring and support** provided via telehealth.

All **learning materials, morning tea, lunches and afternoon teas** will be provided during the in-person workshops. A **Certificate of Participation** is provided on completion of the course and submission of a spirometry portfolio.



## Who is eligible?

Attendance is suited to clinical Indigenous Health Workers and nurses working with Indigenous patients. We welcome workers from the public sector and Community Medical Services.

Training is held in various Queensland locations according to need. For more information, please email [IHWspiro@health.qld.gov.au](mailto:IHWspiro@health.qld.gov.au).

## Eligibility criteria for Indigenous Health Worker Spirometry Training and Mentoring Program.

Workers need to meet the criteria below to enrol in the program. This will ensure the best outcome for integration of spirometry testing into the treatment and management of respiratory clients.

1. Your workplace must have a working spirometer or be about to purchase one.
2. You must have spirometry as part of your job description.
3. You must have your line manager support to do spirometry training and to perform spirometry testing after training.
4. Your workplace must currently or be about to perform spirometry testing.
5. You must agree to attend a telehealth mentoring session or another form of mentoring about 8 weeks after following the 2-day workshop.
6. You must agree to submit five de-identified spirometry tests that you have performed:
  - Before the 2-day workshop (only if you are already doing spirometry)
  - After the 2-day workshop but prior to the telehealth mentoring session
  - And after the telehealth mentoring session.
7. These spirometry test reports enable trainers to provide appropriate feedback to participants and to assist with performing quality spirometry testing.

If possible, however not mandatory, please bring your workplace's spirometer to the 2-day workshop. This enables you to familiarise yourself with your equipment.



## IROC INDIGENOUS HEALTH WORKER SPIROMETRY TRAINING PROGRAM

Venue: Conference-Room, Bamaga Primary Health Care  
175 Adidi Street, Bamaga QLD 4876

8:30am – 4.00pm Thursday 11<sup>th</sup> – Friday 12<sup>th</sup> September 2025

### PARTICIPANT REGISTRATION

1. Participant's Family Name ..... First Name .....
2. Contact details: Phone no:.....(W).....(Mob)  
Email:.....
3. Where do you work ? .....
4. Address of your workplace ? .....
5. What is your title there ? .....
6. Give a brief description of what you do.  
.....
7. Do you have a functioning spirometer in your workplace? Yes / No  
If yes then what brand is it ? .....
8. Is spirometry part of your job description? Yes / No
9. Are you supported by your line manager to do spirometry? Yes / No
10. Do you currently do spirometry? Yes / No
11. Can you send **5 spirometry** tests you have done prior to the training? Yes / No
12. Are you able to bring this spirometer with you? Yes / No
13. After the training, will you submit **5 spirometry** tests for your portfolio? Yes / No
14. One month after the training, will you participate in mentoring via telehealth? Yes / No
- 15 After telehealth mentoring will you submit **5 spirometry** tests for your portfolio? Yes / No
15. Do you have any special dietary requirements? Yes / No  
If yes, please state.....
16. Do you identify as:      Aboriginal      Torres Strait Islander      Both      Neither  
(Please circle as appropriate)

Please complete this form and email it by **Friday 29<sup>th</sup> August 2025** to [IHWspiro@health.qld.gov.au](mailto:IHWspiro@health.qld.gov.au). Lunch & morning tea will be provided. If you have any questions please contact Leanne Rodwell on 07 3068 2330 (M,T,W) or 07 3068 4067 (Th,F).

(NB: Workshop limited to 12 participants)



## CRITERIA FOR ATTENDING THE INDIGENOUS HEALTH WORKER SPIROMETRY IMMERSION PROGRAM

**Participant's Name:** \_\_\_\_\_

**Name of your Workplace** \_\_\_\_\_

Criteria have been set for conducting the spirometry immersion program for Indigenous Health Workers. The reason for the criteria is to ensure the best outcome for the treatment and management of respiratory clients in those clinics where the spirometry program has been conducted. To participate in the program it is important you have a working spirometer or you are about to purchase one.

The following criteria need to be met prior to the spirometry immersion:

**1. Is Spirometry part of the job description?** YES/NO

As providers of primary health care is spirometry part of the job description.

**2. Support by the line manager to do spirometry?** YES/NO

The Senior Management Team fully supports the workshop. The health workers who participate will be supported to do spirometry after the workshop.

**3. Currently doing spirometry?** YES/NO

Your facility is currently doing spirometry on a regular basis or is about to commence spirometry

**4. Submission of 5 spirometry tests prior to commencing the program?** YES/NO

The Health Workers will each be expected to submit 5 spirometry tests prior to commencing the program. This is not expected of those health workers who are currently not doing spirometry but are coming to the program.

**5. After training health workers will submit 5 spirometry tests for their portfolio?** YES/NO

All participants will be expected to submit at least 5 spirometry tests after the 2 day workshop. Portfolios will be assessed and feedback given to participants.

**6. After the workshop health workers will participate in a telehealth mentoring session and will send in another 5 spirometry tests for feedback after telehealth** YES/NO

It is important to have either telehealth mentoring or some other form of mentoring after the 2 days of training. This allows participants to ask questions about spirometry performance, equipment and to discuss the feedback from the spirometry tests they have sent. Senior management will support this.

**7. Can you bring your spirometer with you?** YES/NO

This is not essential, however you will get practice using your spirometer if you bring it with you.

**Manager's Name** \_\_\_\_\_

**Manager's signature** \_\_\_\_\_

**Date**    /    /

Please email this completed form with your registration form to [IHWspiro@health.qld.gov.au](mailto:IHWspiro@health.qld.gov.au)

