

# YOU'RE INVITED



Presented by Mackay Private Hospital

## Beyond the Diagnosis

### Unlocking New Frontiers in Treatment-Resistant Depression, Parkinson's Care, and Pulmonary Rehabilitation

## Sessions

### SESSION 1: Parkinsons – The PD Warrior Approach



#### Early Diagnosis & Holistic Management of Parkinson's in General Practice

Dr Somnath Sinha  
MBBS, MD, CCT (Medicine/Geriatrics), MRCP (London), FRCP (Edin), FRACP, FRSM, FRSA  
Geriatrician



#### Mackay Private Hospitals Parkinson's Day Program to Support Your Patients

Jino Chakkyath Porinchu  
Senior physiotherapist

### SESSION 2: Pulmonary Rehabilitation – A Lifeline for COPD & Chronic Lung Disease

#### Early identification, referral pathways, and maximising patient outcomes in COPD & ILD

Dr Charuka Dharmaratne  
MBBS(Col) MD (Col) FRACP MACP (USA) MRCP (Acute Medicine)  
Specialist Physician

### SESSION 3: Rewiring the Brain: The Role of rTMS in Psychiatry

#### Understanding rTMS for TRD + a GP and Specialist Case Study Panel Discussion

Dr Alok Rana  
MBBS, FRCPsych, FRANZCP, MBA  
Consultant Psychiatrist

#### The Importance of Functional Outcomes in Major Depressive Disorder

Dr Katrina Akram  
BSc (hons), MBChB, MRCGP, FRACGP  
General Practitioner

### SESSION 4: Open Q&A Hospital Panel

#### Key Note Speakers including Allied Health

**HOT SEAT SPOT:** Our experienced, multi-disciplinary hospital panel is available to answer any questions you have regarding patient treatment, referrals and pathways. Your chance to get your questions answered by this knowledgeable team.

#### Hydrotherapy for Mental Health and Wellness

Guided Hydrotherapy Session in our heated hydrotherapy pool. Bring Swimwear if participating in this session (2.15pm - 3.00pm)



Educational Activities	Measuring Outcomes	Reviewing Performance
2.5	4	4.5
hours	hours	hours



SATURDAY

14

JUNE 2025

## MACKAY PRIVATE HOSPITAL

57 NORRIS ROAD,  
MOUNT PLEASANT

8:30AM ARRIVAL  
FOR 9:00AM - 3:00PM

### Who should attend

- General Practitioners
- Psychiatrists
- Specialists and Clinicians with an interest
- Registrars within these disciplines

### CPD Hours

Content created by an RACGP provider. 11 CPD Hours including GPMHSC MH CPD currently being assessed by the RACGP.

### Register Here



Spaces are strictly limited. Secure your spot today!

[aurorahealth.eventbrite.com](http://aurorahealth.eventbrite.com)

### For More Information

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