Having someone you care about suffer from an eating disorder can be a worrying, frustrating, and confusing experience.

The Information Day is for family and friends of people with eating disorders. The event aims to provide participants with information, practical strategies and support. The day is facilitated by staff from the Eating Disorders Association and the Butterfly Foundation, featuring a range of guest speakers including a GP, Dietitian and Therapists working in the field of eating disorders as well as individuals and family members talking about their own personal experiences of recovery. Health Practitioners welcome to attend to increase knowledge and understanding.

Numbers are limited so please register ASAP

To register or obtain further information, please contact us

07 3394 3661 or admin@eda.org.au