New—Mental Health Act (Qld) 2016
Advance Health Directives for Mental Health

Ensure your mental health care choices are respected

The new Mental Health Act is active in Queensland from March 2017. It enables you to express your views, wishes, and treatment preferences formally in a new document called an Advance Health Directive for mental health. This allows you to have your say and plan for future health care treatment if you become unwell.

With the new Advance Health Directive for mental health you can:

- Discuss future treatment preferences with your doctor and have a formal document to reflect your wishes
- Inform your treating team about your recovery journey plans
- Choose support people you trust to assist in making healthcare decisions for you, should you become unwell. You can also set limits on the decisions they can make.

### Consumer, Family and Carer Workshop — Cairns

This free workshop can help you understand the new Advance Health Directive for mental health

<table>
<thead>
<tr>
<th>Location</th>
<th>Date</th>
<th>Time</th>
<th>Venue</th>
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<tbody>
<tr>
<td>Cairns</td>
<td>Wednesday</td>
<td>9am—11am</td>
<td>Life Without Barriers, 127 Anderson St, Manunda</td>
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<tr>
<td>Central</td>
<td>2 August</td>
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<tr>
<td>Cairns</td>
<td>Wednesday</td>
<td>2pm—4pm</td>
<td>Hambledon House Community Centre, 177 Bruce Highway, Edmonton</td>
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<td>South</td>
<td>2 August</td>
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**Email RSVP:** qai@qai.org.au **OR** phone 07 3844 4200

**You only need to attend 1 workshop**

This workshop is open to all interested consumers, carers and family members and is not suitable for service providers.

Other workshops available in locations across Qld. To register your interest please email: guardianship2@adaaustralia.com.au

Funded by Queensland Health, presented by:

More information about the Mental Health Act 2016 (Qld)
health.qld.gov.au/mental-health-act