New—Mental Health Act (Qld) 2016

Advance Health Directives for Mental Health

Ensure your mental health care choices are respected if you become unwell

The new Mental Health Act is active in Queensland from March 2017. It enables you to express your views, wishes, and treatment preferences formally in a new document called an Advance Health Directive for mental health. This allows you to have your say and plan for future health care treatment if you become unwell.

With the new Advance Health Directive for mental health you can:

- Discuss future treatment preferences with your doctor and have a formal document to reflect your wishes
- Inform your treating team about your recovery journey plans
- Choose support people you trust to assist in making healthcare decisions for you, should you become unwell. You can also set limits on the decisions they can make.

Consumer, Family and Carer Workshop — Mt Isa

Free workshops are available for individuals who experience mental health concerns, their family, and carers. Attending a workshop can help you understand the new Advance Health Directive for mental health.

Date and Time: Thursday 7th September 2017: 2pm-4pm

Location: Terrace Gardens, 4 Duchess Road

Email RSVP: carmen.lehtonen@health.qld.gov.au

Phone RSVP: 4744 7103

This workshop is open to all interested consumers, carers and family members and is not suitable for service providers.

Other workshops are available in locations across Qld. To find out more please email: guardianship2@adaaustralia.com.au