Are drugs or alcohol having a negative impact on your life?

Looking to make a change?

Kick-start the recovery process with our 5-Day Alcohol and Other Drugs Withdrawal Program.

Be guided through alcohol and other drugs withdrawal with care and counselling provided by a qualified registered nurse and our professional counsellors.

Our facilities provide a safe, welcoming environment for supported day recovery. We can also provide you with support before and after finishing the program.
All-Round and Ongoing Support

We can assist with needs such as:
- counselling
- case management
- group day programs
- education.

Post-withdrawal, we can provide ongoing support through our day program, Life Back. Life Back involves group based support to address relapse prevention, mental health, physical wellbeing, life skills and reconnection with community.

Further support can be provided via individual counselling over the phone or face to face.

Referrals

Referrals are accepted but you don’t need one. If you are aged over 18 and have a problem with drugs and alcohol, simply call our friendly team on 1300 727 957 for more information or an assessment.

Contact Us

Call us on: 1300 727 597
Email: cairns@liveslivedwell.org.au
Check out our website: liveslivedwell.org.au
Come have a chat: 139 Sheridan St, Cairns 4870

Lives Lived Well

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