Healthy weight is a complex problem affecting the Townsville region—two in three of adults are overweight and obese, and close to one in three children*.

Local Paediatrician Anne Miller, in partnership with Northern Queensland Primary Health Network invite you to attend an interactive workshop on how a ‘collective social learning’ approach can tackle obesity and slow the growth of lifestyle-related diseases in the Townsville community.

This workshop will consider the role that everyone can play in the preventive health system, and how we can work together to create a community which encourages kids to be active and healthy.

Active Healthy Kids Townsville workshop will bring together representatives from health, education, sports and recreation, and wider community organisations to develop a strategy to drive improving the health and wellbeing of children in the Townsville community.

*Chief Health Office Report, 2016

DATE
Saturday 3 February 2018

TIME
Registration: 8.30 am
Program: 9am–1pm

WHERE
NQPHN Townsville Office
Level 3, Clinical Practice Building
1 James Cook University Drive,
JCU Townsville

RSVP
Registration is essential by
Monday 29 January 2018
P: (07) 4796 0400 or Email

For more information, contact:
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W: primaryhealth.com.au/events/