Strengthening Communities – Suicide Prevention Program

Train the Trainer Invitation

The Tackling Regional Adversity through Integrated Care (TRAIC) program, is a Queensland Health initiative that aims to deliver suicide prevention and resilience building programs across regional Queensland. ConNetica has been engaged to deliver its 3 day Strengthening Communities Program. This program aims to build local community capacity to continue to deliver 2 of ConNetica’s innovative, practical and succinct suicide prevention training programs:

- **Stronger Smarter Yarns for life** (Aboriginal and Torres Strait Islander people program), developed with Professor Chris Sarra – 2016 NAIDOC Person of the Year.

  **Program Overview**
  - A strength based approach to social support and suicide intervention
  - Unique factors contributing to thoughts of suicide for indigenous people
  - Prevalence of mental illness
  - Skills and knowledge to identify signs and debunk social myths
  - Tailored indigenous mental health yarn planning tools
  - Suitable referral, support options and resources

- **Conversations for life** (non-Indigenous program), developed with Adjunct Professor and leading mental health expert Adjunct Professor John Mendoza.

  **Program Overview**
  - Prevalence of mental health and suicide in Australia
  - Impact of life events and social determinants
  - Skills and knowledge to identify signs and debunk social myths
  - Tailored mental health conversation planning tools
  - Communication strategies underpinning effective conversations
  - Suitable referral services, supports and resources

**Training Logistics**

**Date:** 13 - 15 Feb 2018

**Time:** 9.00 -5.00 pm

**Venue:** TBC

**Registration**

Participants are limited to 10.
To apply/more information, please contact Danny Hember, Regional Adversity Integrated Care Clinician

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**Please note**

Strengthening Communities’ participants must be willing and able to
effectively deliver the training in their local community