Making the most of Supervision

Supervision is an ongoing requirement for all social workers throughout their careers, as stated in the AASW Supervision Standards and AASW Code of Ethics. This half day workshop is based on current research and literature.

**Topics to be discussed are:**
- Introductions and an expectations exercise
- What is supervision? What does AASW say?
- Factors that help or hinder supervision
- Strengths based supervision
- Professionalism and ethical behaviour – What happens to the AASW Code of Ethics in practice? Having difficult conversations around professionalism and ethical behaviour in supervision.
- Models of Supervision—individual, group, peer, peer group. Structured and unstructured models—what the research says. External supervision/ Internal supervision/ How does performance management fit with supervision?

The workshop will also include:
- Scenarios and small group discussion
- Summary, where to from here and evaluation

**Learning Outcomes**
At the completion of the workshop participants will:
- Gain an understanding of what is supervision
- Gain knowledge of what makes supervision work well
- Gain knowledge of the core functions of supervision
- Gain knowledge of alternative models, including peer supervision and group supervision
- Gain skills in balancing building on strengths and having difficult conversations
- Gain skills in managing tensions while grounded in social work values and ethics

**Who should attend?**
New supervisors, experienced supervisors and supervisees

**About Dr Amanda Nickson**
Amanda is a passionate trainer and educator who has delivered workshops across Australia. Amanda is a Lecturer in Social Work and Human Services at James Cook University, where she has worked for the last 13 years including teaching Field Educators about supervision. She has extensive practice experience of living and working in rural, remote and regional Queensland. Amanda was awarded her PhD in 2016 and undertook research on peer supervision in rural and remote Australia using technology and has publications in this area.