HAVING BEEN THROUGH MULTIPLE RESUSCITATIONS AND EMERGENCY COURSES OVER THE YEARS, I FOUND THAT REST GAVE ME THE MOST STRUCTURED ORGANIC APPROACH TO EMERGENCY SCENARIO YET. IT IS HIGH INTENSITY AND FAST PACED TRAINING WITH COMPETENT PERSONABLE INSTRUCTORS WHO ARE EXPERIENCED IN DELIVERING EMERGENCY CARE DAILY IN GENERAL PRACTICE AND ED SETTING, THUS MAKING IT EVEN MORE RELEVANT TO RURAL GENERAL PRACTICE.

Dr. Dimitry Podorozhnyy

2019 COURSES CALENDAR

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<tr>
<th>DATE</th>
<th>COURSE</th>
<th>LOCATION</th>
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<td>JANUARY</td>
<td>19 ADVANCED LIFE SUPPORT (ALS)</td>
<td>Brisbane</td>
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<td>20 RURAL EMERGENCY OBSTETRIC TRAINING (REOT)</td>
<td>Brisbane</td>
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<td>FEBRUARY</td>
<td>2-3 RURAL EMERGENCY SKILLS TRAINING (REST)</td>
<td>Melbourne</td>
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<td></td>
<td>7 MENTAL HEALTH DISORDERS TRAINING FOR RURAL PRACTITIONERS (MHST)</td>
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<td>9-10 RURAL EMERGENCY SKILLS TRAINING (REST)</td>
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<td>MARCH</td>
<td>9 ULTRASOUND IN EMERGENCY MEDICINE</td>
<td>Brisbane</td>
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<td>16-17 RURAL EMERGENCY SKILLS TRAINING (REST)</td>
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<td>22 RURAL EMERGENCY OBSTETRIC TRAINING (REOT)</td>
<td>Hobart (NRH Conf)</td>
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<td>28-29 RURAL EMERGENCY SKILLS TRAINING (REST)</td>
<td>Hobart (NRH Conf)</td>
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<td>APRIL</td>
<td>4 MENTAL HEALTH DISORDERS TRAINING FOR RURAL PRACTITIONERS (MHST)</td>
<td>Online</td>
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<td>6 RURAL EMERGENCY OBSTETRIC TRAINING (REOT)</td>
<td>Melbourne</td>
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<td>7 ADVANCED LIFE SUPPORT (ALS)</td>
<td>Melbourne</td>
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<td>St Kilda (RDAV Conf)</td>
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<td>27-28 RURAL EMERGENCY SKILLS TRAINING (REST)</td>
<td>Adelaide</td>
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All dates are subject to change and availability.

TO BOOK A COURSE OR FIND OUT MORE VISIT: ACRRM.ORG.AU/COURSES

ACRRM’s world-class courses provide medical practitioners, registrars and Fellows with confidence and skills to deliver exceptional care to patients. Run by experienced medical experts, using state-of-the-art equipment and up-to-date methods, participants will learn best-practice techniques in a hands-on, practical environment. 

ACRRM COURSES

TRAINING WORKSHOPS JANUARY – APRIL 2019

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Australian College of Rural & Remote Medicine
WORLD LEADERS IN RURAL PRACTICE
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FOR FULL COURSE DETAILS OR TO BOOK PLEASE VISIT ACRRM.ORG.AU/COURSES

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**RURAL EMERGENCY SKILLS TRAINING (REST)**

ACRRM’s flagship course, REST is known for its expert instructors, hands-on delivery, state-of-the-art equipment and relevance of situational scenarios. This course covers basic life support and advanced techniques to assist with managing life-threatening injuries and multi-trauma events.

**Registrars:** REST is a core course on the Fellowship pathway.

**Registrars and Fellows:** Upon successfully completing this course, you will have access to additional Medicare claims.

**Any medical professional:** This course is ideal for all people working in the health industry who want to gain the skills to support mental health disorders in rural communities.

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**MENTAL HEALTH DISORDERS TRAINING FOR RURAL PRACTITIONERS**

The ever increasing need to provide mental health support in rural communities makes the course a must-do. Participants will gain knowledge on depression and risk, planning, organising chronic care and comorbidity, anxiety and somatisation, patient education and support, using medication and chronic care. Delivered face-to-face or online, participants successfully completing the course will gain access to Medicare item numbers 2715 and 2717.

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---

**ADVANCED LIFE SUPPORT (ALS)**

The ALS course is designed to equip you with both basic and advanced life support skills with a strong focus on issues that arise in rural settings. An excellent peer-learning course, you will collaborate with other participants and learn from experts.

**Fellows:** If you are an ACRRM Fellow, ALS is required as part of your triennium.

**Medical professionals:** You will leave this course with the confidence to identify and manage life-threatening arrhythmias, airway management, manual and automated AED, and more.

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**ULTRASOUND IN EMERGENCY MEDICINE**

This Ultrasound course is run in conjunction with Sonosite Fuji Film and covers the use of ultrasound in emergency medicine, trauma, and clinical care. Using live patient models for greater authenticity, the course is well suited for beginners as an introduction to ultrasound, and experienced doctors as a refresher.

**All medical professionals** wanting to gain hands-on experience using ultrasound equipment.

---

**RURAL EMERGENCY OBSTETRIC TRAINING (REOT)**

The aim of REOT is to build your confidence to face any birthing situation. It covers standard birthing procedures to common birthing emergencies. Run by midwives and doctors, simulations provide opportunities to discuss situations from different perspectives and offers participants opportunities to experiment with different equipment.

**Registrars:** A great skills course if you’re thinking about specialist generalism in obstetrics.

**Midwives:** This course has a strong focus in emergency settings and will assist in building your experience and confidence in challenging situations.

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