Many people with Type 1 diabetes do not have regular multidisciplinary review and complication assessment at the Cairns Diabetes Centre. Of the 1092 people with Type 1 diabetes registered with the National Diabetes Supply Scheme, less than half have visited the Cairns Diabetes Centre. Attendance in the private sector is also low with General Practitioners reporting that people with type 1 diabetes are often reluctant to attend consultations, preferring to collect prescriptions for insulin.

In the UK, as well as providing preventive care eg. immunisation and healthy lifestyle short interventions, etc, General Practitioners perform complication assessments and refer to specialist centres for review of complex care.

The Cairns Diabetes Centre encourages all patients with Type 1 diabetes to attend their GP for regular review of their preventive care needs.

Adolescents in the age group 15-18 transitioning from the paediatric service to the adult service are at risk of “falling through the cracks,” and being lost to follow up.

Beginning in 2019, Dr Luke Conway will be available to support GPs to improve engagement with adolescents. The support will include practice visits and advice on appropriate annual complications assessment in adolescents.

Further information

Diabetes Centre
• Contact Emilia Paul phone (07) 4226-4634.

Links and Resources

Referral Clinical Prioritisation Criteria (CPC) -

FNQ Health Pathways
https://fnq.healthpathwayscommunity.org/index.htm