

# Queensland Floods

## Practitioner

## Advice Line

# on Mental Health

### Contact us

for access to FREE and confidential information, advice and resources.



**Call 1800 260 618**

Monday - Friday | 9am - 4pm (AEST)



**Email**

[phoenix-floods@unimelb.edu.au](mailto:phoenix-floods@unimelb.edu.au)



**Online**

[www.phoenixaustralia.org/advice](http://www.phoenixaustralia.org/advice)



**PHOENIX  
AUSTRALIA**

Centre for  
Posttraumatic  
Mental Health

The Practitioner Advice Line on Mental Health is an initiative of Phoenix Australia and funded by the Commonwealth Department of Health.

## Do you work directly with flood affected Queenslanders who are showing signs of distress or mental health problems?

This is a dedicated service for all people working directly with flood affected Queenslanders, including community volunteers, educators and support people, mental health and welfare practitioners and general practitioners.

### HOW WE CAN HELP

- Advice on providing support and treatment to individuals, groups and communities affected by the recent floods
- Access to information, fact sheets and resources on common reactions to stress and trauma
- Guidance on service and referral options

Our multi-disciplinary team has experience in the complexities and challenges of trauma and disaster-related mental health issues that can affect children and adults. Our team's expertise include general practice medicine, social work, psychology and psychiatry.

