In 2016, Kidney Health Australia released a report highlighting the areas in Australia with highest prevalence of Chronic Kidney Disease (CKD) risk factors. i.e. the proportion of Australian’s with current risk factors for developing CKD, these areas are called CKD Hot Spots.

We know that:

Factors contributing to such low detection are:

1. 90% of kidney function can be lost without experiencing any symptoms

and,

2. people with risk factors are not tested for CKD.

Anyone with a risk factor should be assessed by their GP with a kidney health check.

Kidney Health Australia’s primary care education program is dedicated to providing education to GPs, Nurses and Allied Health that is:

- evidence based
- interactive
- case based
- accredited
- and needs based.
Primary Care Education

Kidney Health Australia has provided primary care education since 2001. Our education advisory committee of experts (PEAK) have developed various topics, featuring case studies in each module.

Case studies:
- Rita: Detection & management of CKD
- Bruce: Managing stage 3 CKD
- Paul: CKD & Acute kidney injury
- Tony: CKD and CVD risk
- Jessica: Managing difficult hypertension
- Luke: Managing PKD
- Tim: Managing CKD & diabetes

Our education is available nationally and is accredited QI&CPD with RACGP, ACRRM and APNA. We provide education to groups as small as 10 and as large as 100, from intimate practice meetings to large conferences.

For online education visit thinkGP.com.au/KHA
For supporting resources visit kidney.org.au/health-professionals

Visit kidney.org.au

Contact us
Kidney Health Australia
1800 454 363
PrimaryCare@kidney.org.au

Other resources available from Kidney Health Australia:
- Patient tools & resources
- My Kidneys My Health App
- Health professional tools & resources
- CKD handbook & CKD-Go! App

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